



Welcome to G.S.M.A.A. Cheerleading!!! The youth sports experience is an exciting time for both the participant and the parent. The following is information pertaining to our program and some items that each parent should be aware of and concerned with about their child's sports experience.

Our Goals

- 1) To have fun!
- 2) To develop our skills in leadership, cooperation, perseverance, and in the giving and receiving of constructive criticism.
- 3) To support our sports teams.
- 4) To represent our school as a sports team in our own right.
- 5) To reach out to the community and boost spirit.
- 6) To prepare ourselves for middle school and high school cheerleading.

Our rules and general information

1. Absences affect the entire squad. Absences should always be avoided when possible. Regular or repeat absences may result in removal from our program.
2. Practices will be held at the schedule set by your coach. Please be at practice on time and remember if you are unable to attend a practice, please contact your coach beforehand. If practices need to be changed or cancelled, your coach will contact you.
3. A parent or parent approved guardian must pick up the cheerleader in person. No cheerleaders will be allowed to walk to any other area of the school to meet someone. This is for the safety of the cheerleaders. Coaches are required to stay until all cheerleaders have been picked up.
4. Please wear appropriate practice clothes that will allow you to move freely. Refrain from wearing jeans, flip flops, sandals, etc. Sneakers must be worn at all times. Your hair should be tied back away from your face as well.
5. No food, gum, drink (other than water) will be permitted at practices or games. We ask that each girl brings their own water to practice and the games.
6. Uniforms are the property of G.S.M.A.A. All uniforms and supplied items must be signed out by a parent and returned at the end of the season. Children not returning uniforms or equipment will not be permitted to register for any GSMAA or GS Middle School sport until all property is returned. For additional information please refer to the separate handout on uniform policy.
7. Football cheerleading requires the cheerleaders to travel to away games. Basketball cheerleading does not.. It's important that each cheerleader be in attendance for each game. If for some reason you are unable to make a game, please notify your coach ahead of time so that they may make changes to the routines in advance if necessary.
8. Each cheerleader should arrive 30 minutes before each game to warm up and be ready. They should come dressed in full uniform (skirt, shell, bloomers, white sox and sneakers and bodysuit or track suit if the coaches advise). Hair should be tied back and no jewelry should be worn to the games.
9. Electronic Devices - No electronic devices (e.g. games, cell phones, etc.) are to be used or worn during practices, performances or games

Remember the youth sports experience is an important part of your child's development. Our coaches are volunteers. We ask for each parent's participation in supporting their child. Lending your support to your team and the program and not interfering with the coach's plans or practices. Each parent and participant will be asked to sign our code of conduct. This is to insure everyone understands of what is expected of them this season. We want this program to be as fun and as positive as possible for all girls, parents and coaches involved. If you have any questions or concerns, please feel free to contact me...